

# THE RED-OCHERED WOMEN OF THE HIMBAS

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The Himbas are a tribe of nomadic cattle herders in

far northern Namibia. Himba women make a paste of butter fat and red ochre clay called “*otjize*,” to protect their skin from the burning African sun and braid their hair for beautification.

The Himbas’ exotic practices are not for tourists. This is the way they live as one of Africa’s most genuinely traditional peoples. Living on the move in remote roadless regions, it takes an effort to find them. But when you do, coming with an attitude of respect, you will be welcomed with smiles and hospitality in return. (*Glimpses of Our Breathtaking World* #66Photo ©Jack Wheeler)

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